

SA Classic Powerlifting Championships 2023 – SAMSA Masters medal winners

Master 1 - Men

Gold - Newton Mudau
Silver - Simon Breetzke
Bronze - Jerry Botha

Master 1 - Women

Gold - Laura de Wet
Silver - Marina van der Linde
Bronze - Kristl-Joy Kannemeyer

Master 2 - Men

Gold - Steve Ogunfemi
Silver - Johnny Dam
Bronze - Hermanus de Beer

Master 2 - Women

Gold - Elisabeth Barry
Silver - Marieke van Linge
Bronze - Carol Anthony

Master 3 - Men

Gold - Christo Scoonraad
Silver - Tommie de Nysschen
Bronze - Gregory Flugel

Master 4 - Men

Gold - Dan Oppenheim